

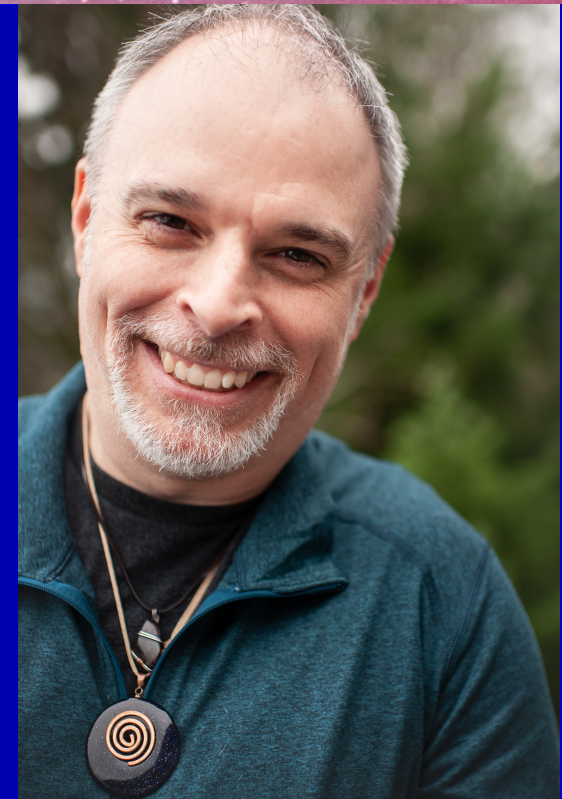
My Star Alchemy

Bringing you the Magic and Wisdom of the Stars



Behenian Stars Algorab Spica & Arcturus

With Cayelin K Castell & Erik M Roth



Becoming a Star Shaman

Are you curious about Magic?
Have you ever imagined walking among the Stars?
Would you like to learn how to become a Star Shaman?

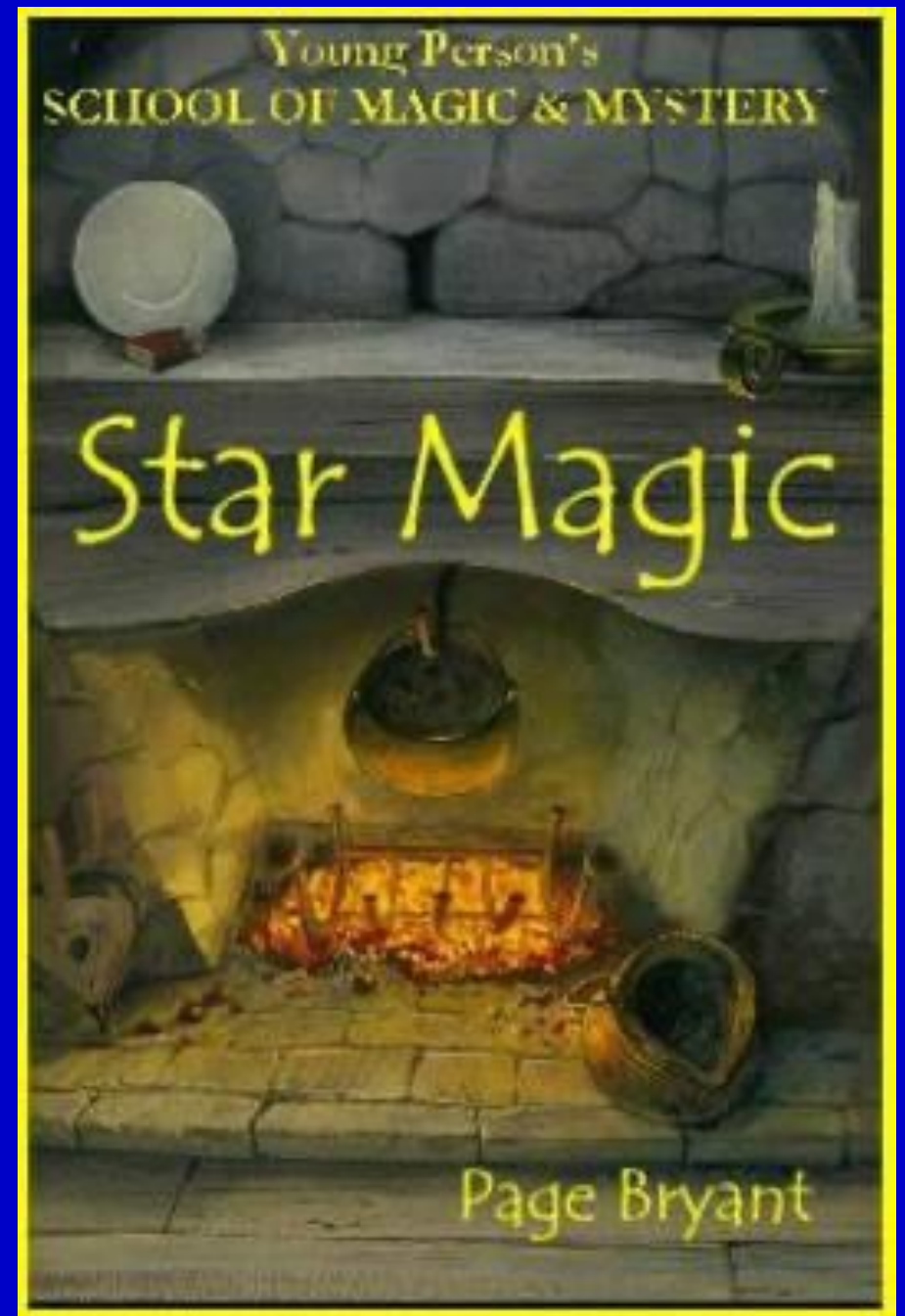
There are two kinds of magic. Stage magic pulling rabbits of a hat or making someone disappear.

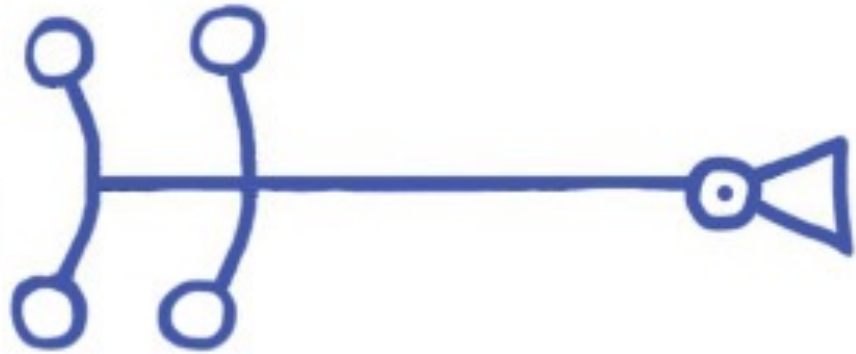
The other kind of magic is not an act or a trick. It doesn't take place on a stage for the entertainment of an audience. Rather, it is what can be achieved with our intuitive mind and psychic powers.

Men and women called sages, medicine men and women, magi, and shamans have learned and practice magic down through time. Magic is not "out there" somewhere. It is inside you. All you have to do is find it and let it shine....

~ Page Bryant

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Algorab

Algorab 13 Libra 43 Right Wing of the Raven in Corvus
Protection, Safety, Dependable, Responsible

©My Star Alchemy

Planets: Venus
Herb: Burdock
Stones: Onyx

Color: Black
Incense: ? Burdock

Oh Mighty Star of Myth and Legend
Reminding us of the Importance of Responsibly Protecting Ourselves
In Ways that are Honorable, Dependable and Safe
Thank you for Blessing and Energizing My (Talisman, Amulet, Elixir, Altar – Sacred Object)
And Filling it with Divine Power and Divine Virtue
Assist Me in Discovering Ingenious New Ways
to Fulfill MY Divine Design
In the Most Sacred, Safe and FUN Ways Possible.

Starlight Elixirs Does NOT Reference Algorab

However, HERE is Something in the Book to Contemplate

...The being you call a star has such deep awareness and powerful creativity that it is the source of significant changes at physical and other vibrational levels...

It is good therefore to imagine yourself as a star, to see yourself moving through a star, to imagine what it's like to have such patience, awareness of time, and connection to other stars, beings, and energies.

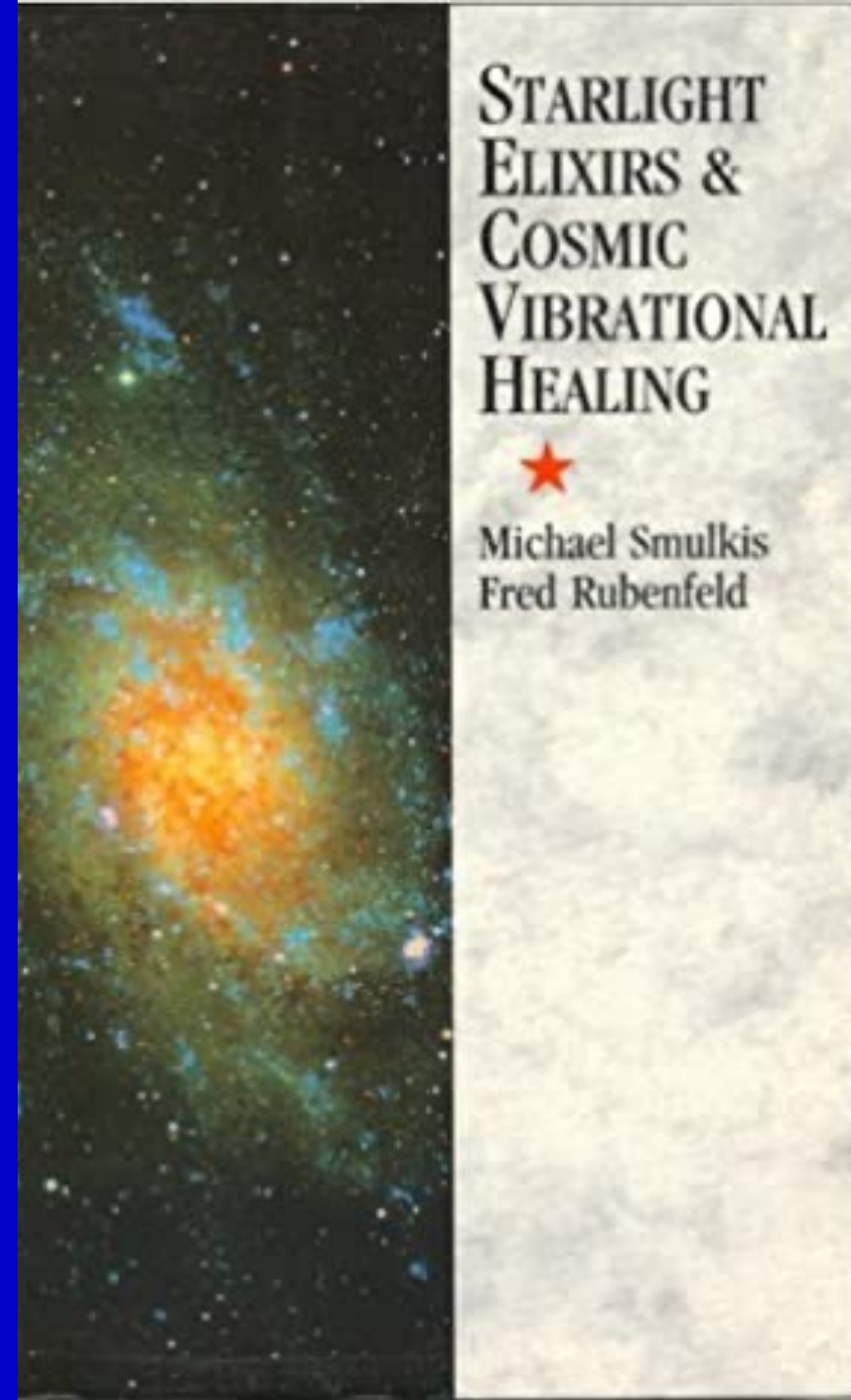
But know also that there is besides imagination, a connection between you and your star, the Sun. Although powerful and in its own way connected to so many other celestial bodies, the Sun is able to appreciate you and know you in your own way. Even though you may be meditating on stars at night, you can allow in your imagination a conscious connection to the Sun on the other side of the Earth.

The Sun is able to connect to these other stars in powerful communication with them, and in this way a transference of energy to you can take place as well. It is as if you utilize your Sun to help you know your place in the universe.

~ *Starlight Elixirs and Cosmic Vibrational Healing* by Michael Smulkis and Fred Rubinfeld published in 1992

NOTE: AND though we can communicate with all the Stars through the Sun at anytime - it is worth considering that connecting with these stars when the Sun is near them is extra potent.

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Priestess

The Cup

Algorab

Gienah

Crow/Raven

Spica

Hydra / Snake

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Date and Time



Algorab (left wing)

13° 45' Libra (Crow or Raven Constellation)

Gienah (right wing) - 11° 01' Libra

Distance from Earth – 87 light years (universeguide.com)

About 12 degrees below the ecliptic, to the right or below Spica

Algorab is a blue main sequence star, 2.3 times as large as the Sun, with 2.7 times our Sun's mass of the Sun and has only been around 10% as long as Earth.

The name *Algorab* comes from Arabic and there is some confusion as to whether the star is the left or right wing of the Crow/Raven constellation.

Gienah also in the Raven, is listed as marking the left wing of the Crow and *Algorab* marks the right wing in modern star charts.

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Fun fact: The US Navy had a ship named, *USS Algorab* (transport vessel) as part of the C2 Arcturus-class of vessels



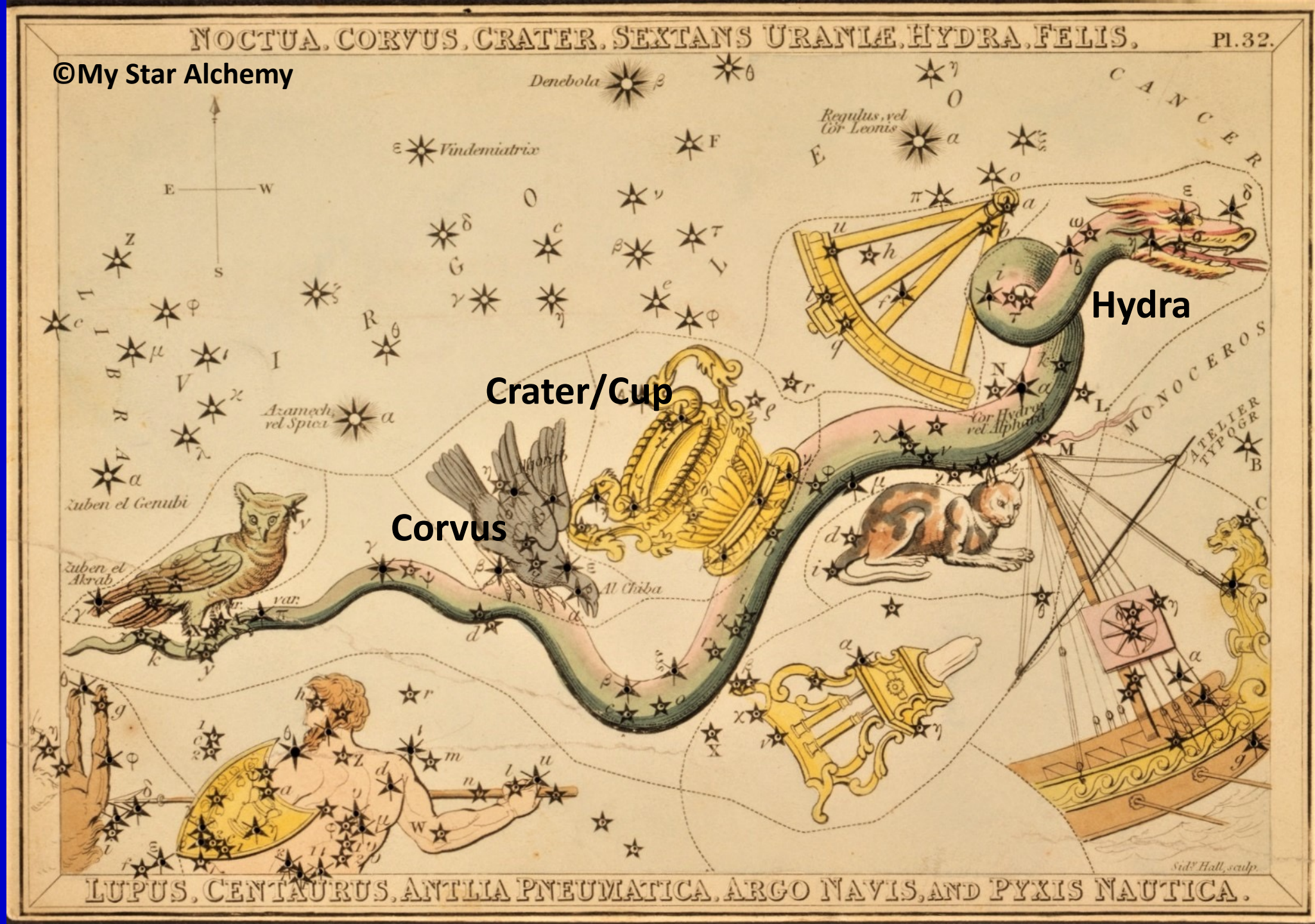
This 1825 illustration depicts the constellations of Hydra, the water snake, Corvus the Raven or Crow and Crater the Cup sitting on Hydra's back.

Apollo dispatched the Raven/Crow to fetch water in Crater (the cup).

The crow was distracted by a fig tree, then blamed his tardiness on a snake.

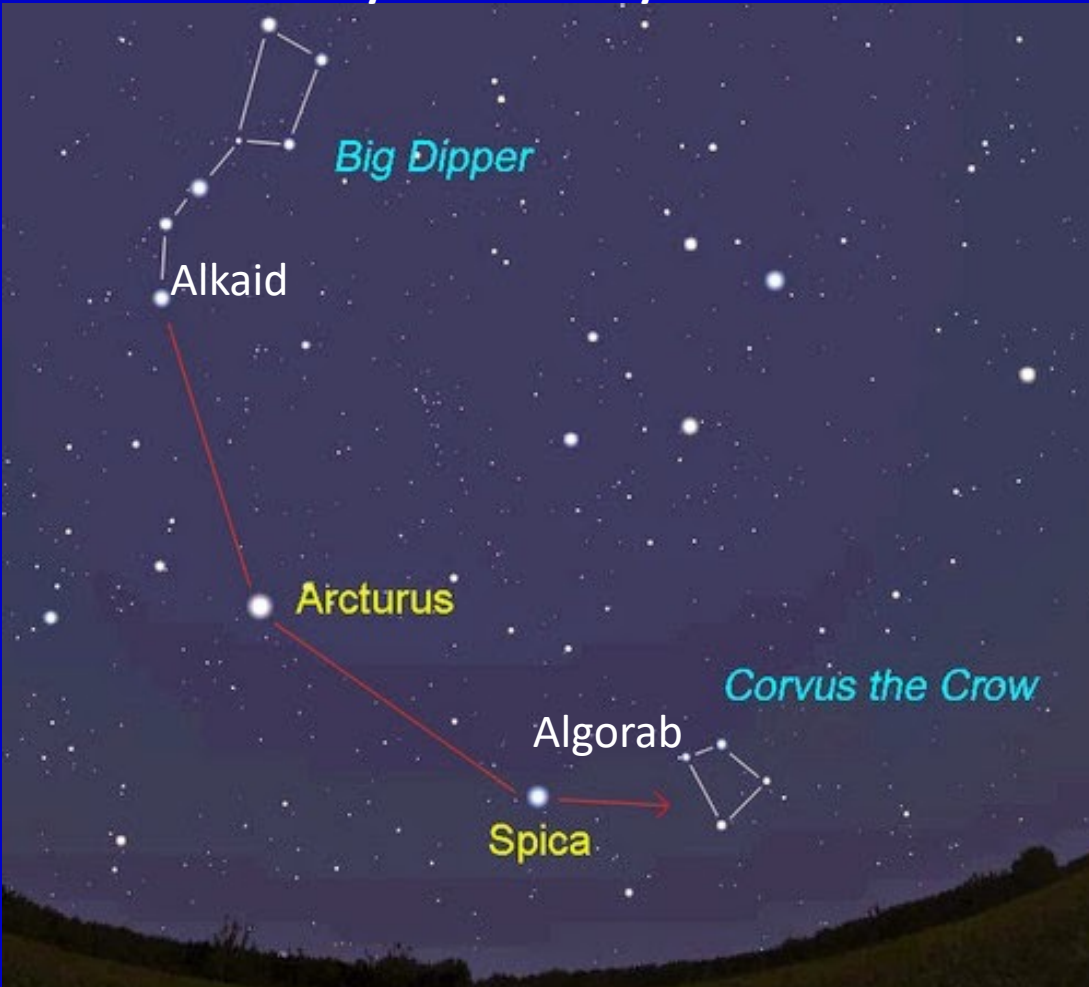
The angry Apollo hurled all of them into the sky.

~SIDNEY HALL



Spring and Summer are a great time to see 4 Behenian Stars...
And see the constellations related to the story of Corvus

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South, June Evenings

● Spica



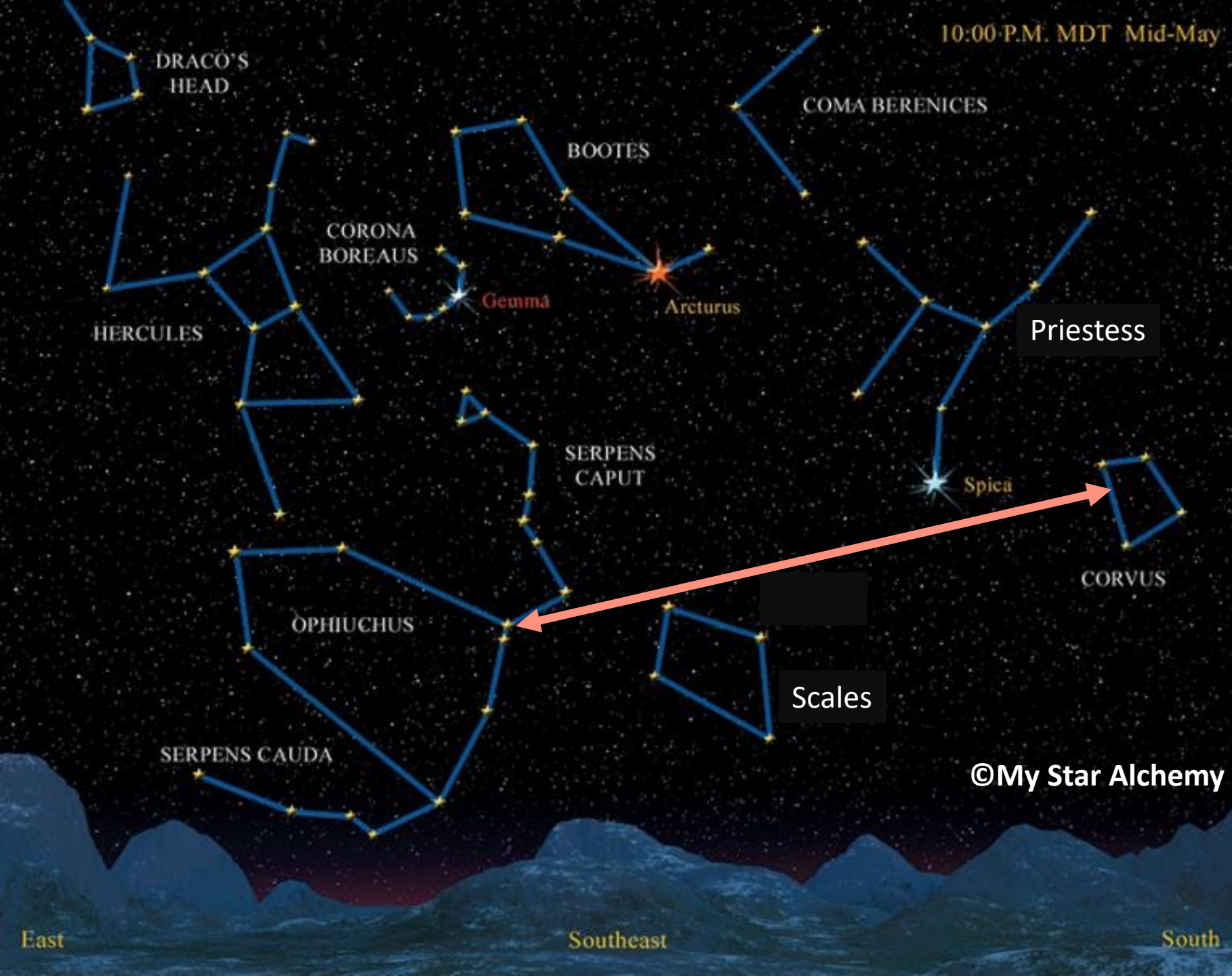
The constellation Corvus is either a raven or crow. In Greek mythology it was Apollo's sacred bird and originally had white feathers. In one story, Apollo's raven is asked to watch over Coronis (one of Apollo's lovers). Eventually, Coronis falls in love with a mortal man, Ischys. When the raven reported this to Apollo, he was so enraged that the bird did nothing to stop it - he scorched the raven's feathers turning them black. Apollo sent his sister Artemis to kill Coronis and retrieve her unborn child (Asclepius) who was raised by the centaur Chiron. Asclepius is represented by the [constellation Ophiuchus](#), the serpent bearer.

The Greek Corvus was borrowed from the mythical Babylonian raven, MUL.UGA.MUSHEN, usually depicted perched on the tail of a serpent. Babylonians associated the constellation with Adad, the god of rain and storm, because its stars would rise before the rainy season, in the fall, in the second millennium.



Some Indigenous American Cultures say the White Raven is freeing the Sun, the Moon and the Stars from evil bringing light back into the world... See Video on Class Page

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The story of Corvus Apollo's Raven who reported the so-called infidelity of Coronis leading to her death. Her unborn child (Asclepius) is given to Chiron to raised.

Asclepius later is identified as the constellation Ophiuchus the Serpent Bearer who learned how to bring the dead back to life.

The Crow and the Ark

William Tyler Olcott sites Dr Seiss about the association of the Crow with Noah's Ark and the stories of the Great Flood.

With the Ark adrift on a flooded planet, the Crow or Raven would be sent out to find land. If the bird came back, there was no dry land. But if the Crow did not return, then land was found!

Due to this story, the constellation of the Crow/Raven (Corvus) is connected to the Ark / Argos constellation, which is more southerly and can only really be seen in the below 35 degrees north latitude and is easily seen in Mexico and farther south. The southern hemisphere can see the whole Argos ship constellation.

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Page Bryant tells us in her book *Starwalking*

“Algorab transmits energy that stimulates the life force and protects the wing-eds in the animal kingdom. Its energy is also conducive to the appearance of Spirit Birds that have long been a part of mythology down through time.

The Phoenix, or Thunderbird, is a prime example.”



Onyx

Magical Stone for
Algorab / Gienah

Qualities of Onyx

- Encourages persistence
- Strengthens willpower, self-control, discipline
- Enhances mental ability
- Helps in recovering from illness
- Assists in learning challenging new materials
- Calms nervousness, anxieties and tempers passion



Other Info about Onyx:

Chakras: 1st, 3rd and 6th

Element: Earth

Simmons writes that, "it works well with other stones by consolidating their energies. It helps one integrate spiritual insights."

Burdock is a member of the thistle family.

Burdock can be identified in the wild by its extremely large, flat leaves and purple flowers with burrs. (These burrs have small hooks that snag the fur of wild animals. This is what inspired the invention of hook-and-loop tape, better known as Velcro.)

Burdock has a large, edible taproot that is earthy and slightly bitter (think lotus root, turnip, or wild carrot). In the UK, Burdock and Dandelion is a popular old-timey soda flavor that tastes similar to American root beer.

Due to its deep roots, Burdock is unfazed by adversity so can grow and survive easily in harsh conditions.

It has been used as a charm either buried or hung at a south door to protect homes (or other buildings) from evil influences.

Burdock is as an herb used for improving health and sexual potency. Its, long phallic taproot may have something to do with the latter. Interestingly, Burdock extract has been shown to increase sexual behavior in rats.

It's not unusual to see Burdock mentioned in charms for prosperity, vitality, and virility.

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Burdock Root

A powerful purification, healing and protective herb used in incense for magical workings for protection and warding off negativity and evil. Carry in a pouch or sachet to benefit from its powerful protection.

Healing Properties

- Diuretic
- Anti-Coagulant
- Great for the skin
- Lowers Blood Sugar Levels
- Helps detox heavy metals from the body
- Cleanses Blood and stimulates Lymph System
- Helps Eliminate Kidney and Gallbladder Stones
- Assists Digestion and promotes a Healthy Microbiome

Magical Uses

- Write wishes on Burdock leaves and activate your wishes by burning them.
- Steep Burdock in water (with Rosemary, Hyssop, and/or Lemon Balm) and add to bathwater or use as a cleansing floor wash.
- Infuse Burdock root in oil to make an ointment to relieve impotence and enhance male sexual performance.
- Incorporate Burdock root into spells for warding, hex-breaking, and good fortune

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Planets and Asteroids with Algorab

Sun

Oct 06, 2021 13°44' Libra
Oct 06, 2022 13°45' Libra
Oct 07, 2023 13°46' Libra
Oct 06, 2024 13°47' Libra

Venus

Aug 27, 2021 13°44' Libra
Oct 10, 2022 13°45' Libra
Nov 20, 2023 13°46' Libra
Sept 09, 2024 13°47' Libra

Mercury

Sept 09, 2021 13°44' Libra
Oct 11, 2021 13°44' Libra
Oct 24, 2021 13°44' Libra
Oct 19, 2022 13°45' Libra
Oct 12, 2023 13°46' Libra
Oct 03, 2024 13°47' Libra

Mars

Oct 05, 2021 13°44' Libra
Sept 17, 2023 13°46' Libra
Aug 25, 2025 13°48' Libra

Vesta

Aug 18, 2021 13°44' Libra
Nov 25, 2024 13°47' Libra

Jupiter

Nov 13, 2016 13°40' Libra
May 22, 2017 13°41' Libra
June 27, 2017 13°41' Libra
Oct 28, 2028 13°51' Libra

Saturn

Nov 20, 2010 13°36' Libra
Apr 07, 2011 13°37' Libra
Aug 15, 2011 13°37' Libra
Sept 28, 2040 14°00' Libra

Uranus

Dec 17, 2054 14°12' Libra
Feb 19, 2055 14°13' Libra
Sept 24, 2055 14°13' Libra

Chiron

Oct 15, 2046 14°06' Libra

Neptune had 5 conjunctions with Algorab between 1947-194.

Chiron had 3 conjunctions with Algorab in 1995 and 1996.

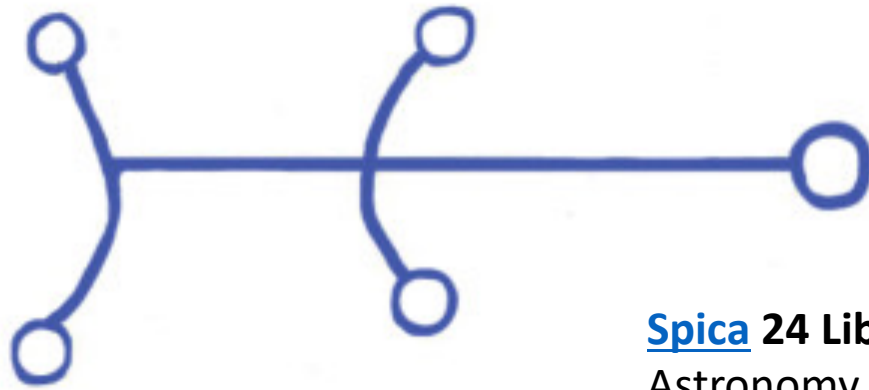
Pluto had 2 conjunctions with Algorab in 1976 and 1977.

Uranus had 3 conjunctions with Alkaid in 1970 and 1971.

The Moon with Algorab

Oct 06 2021	ALGORAB	4:38:31 AM	PDT	13°44' Libra
Nov 02 2021	ALGORAB	3:17:02 PM	PDT	13°45' Libra
Nov 30 2021	ALGORAB	12:43:03 AM	PST	13°45' Libra
Dec 27 2021	ALGORAB	9:02:11 AM	PST	13°45' Libra
Jan 23 2022	ALGORAB	3:01:50 PM	PST	13°45' Libra
Feb 19 2022	ALGORAB	8:32:19 PM	PST	13°45' Libra
Mar 19 2022	ALGORAB	4:36:44 AM	PDT	13°45' Libra
Apr 15 2022	ALGORAB	1:44:06 PM	PDT	13°45' Libra
May 12 2022	ALGORAB	11:50:07 PM	PDT	13°45' Libra
Jun 09 2022	ALGORAB	9:17:56 AM	PDT	13°45' Libra
Jul 06 2022	ALGORAB	4:59:33 PM	PDT	13°45' Libra
Aug 02 2022	ALGORAB	10:57:09 PM	PDT	13°45' Libra
Aug 30 2022	ALGORAB	4:24:42 AM	PDT	13°45' Libra
Sep 26 2022	ALGORAB	10:58:44 AM	PDT	13°45' Libra
Oct 23 2022	ALGORAB	7:29:02 PM	PDT	13°45' Libra
Nov 20 2022	ALGORAB	4:20:13 AM	PST	13°45' Libra
Dec 17 2022	ALGORAB	1:52:00 PM	PST	13°46' Libra
Jan 13 2023	ALGORAB	9:35:53 PM	PST	13°46' Libra





Spica

Spica 24 Libra 08 (Hand of the Virgin Priestess)

Astronomy Designation: Alpha Virginis

Protection, Prosperity, Abundance, Psychic Abilities,
Insights, Wisdom, Sewing and Reaping

©My Star Alchemy

Planets: Venus

Herb: Sage

Stone: Emerald

Colors: Green, Blue, White

Incense: Periwinkle, Mugwort,

and Mandrake

Oh Bright and Glorious Star of Divine Feminine Wisdom,

You Who Hold the Mysteries of Life within Your Hand - Balancing the Scales of Justice

Through Creative Inspiration and Radical Health, Wealth and Well-Being

Thank you for Blessing and Energizing My (Talisman, Amulet, Elixir, Altar – sacred object)

Thank you for Inspiring Greater Awareness and Deeper Connection between my mental and physical bodies

Thank You for Increasing My Psychic Abilities and My Ability to Enter Lucid Dreaming States

Thank you for Enhancing my Prosperity including greater Love, Joy, Magic and Miracles

As I Sew the Seeds of Wisdom and Insight - Reaping Their Great Gifts Now and in the Future

Starlight Elixirs on Spica in the Priestess Constellation

A Blue/White Star 260 Light Years away

Spica promotes the transference of consciousness from the superconscious into the waking conscious state - meaning cosmic information is readily available.

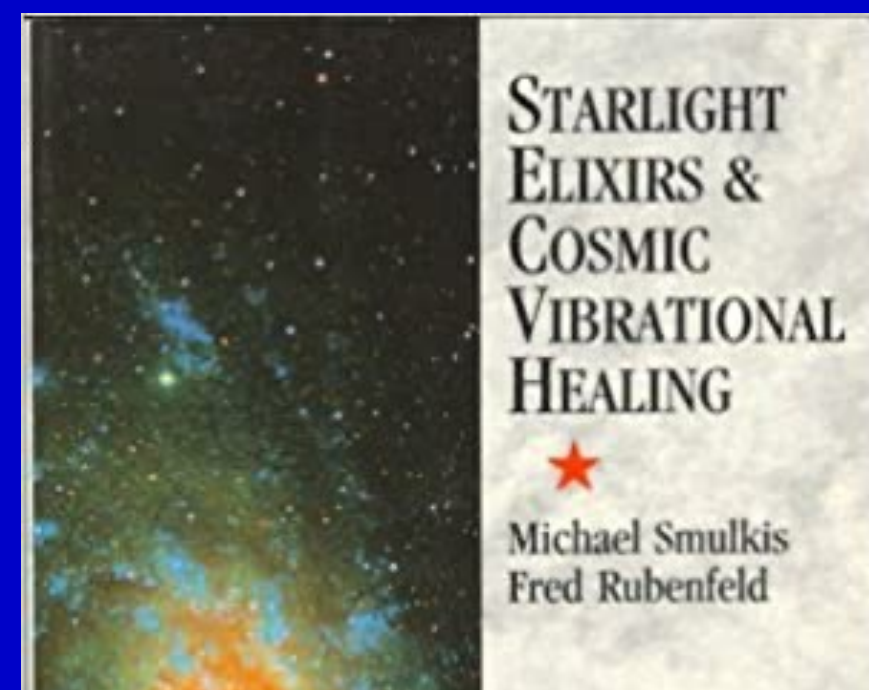
This can enhance lucid dreaming states and psychic abilities including psychometry, levitation, conscious communication with your higher self, through the use of pure mind energy and remote viewing.

Spica helps us strengthen the physical body in the cervical vertebrae region of the spine. The neck symbolizes separation between the physical, represented by the trunk, of the body and mental as represented by the skull.

These vertebrae have been essential in the evolution of humanity as we learn to connect the mental body with the physical body.

~ *Starlight Elixirs and Cosmic Vibrational Healing* by Michael Smulkis and Fred Rubinfeld published in 1992

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South, Spring Evenings

The Virgin Priestess



Astronomy of Spica

- Spica is the 15th brightest star in the sky with an apparent magnitude of +0.97
- Just 2.06 degrees from the ecliptic, Spica is occulted by the Moon (in a regular pattern) and sometimes other planets.
- The last lunar occultation series of Spica was from July 25, 2012 to December 27, 2013
- The next series begins **June 16, 2024** and lasts until **November 17, 2025**
- Then February 12, 2031 to July 15, 2032 and January 4, 2043 to June 6, 2044.
- Each series of Moon Occultations over Spica features 20 Occultations (source for the occultations is earthsky.org)
- Venus last occulted Spica on November 10, 1783. The next one occurs on September 2, 2197 (Wikipedia citing earthsky.org)
- Every 8 years, Venus passes in front of Spica near it's heliacal rise. Next occurrence is in 2025 (Breit, Derek C. [Diary of Astronomical Phenomena 2010](#) or [Poyntsource.com](#))
- Spica is a binary Star and a massive source of X-rays
- Spica's main star is around 20.512 times brighter than our Sun
- The secondary Spica star is 2.254 times brighter than our Sun

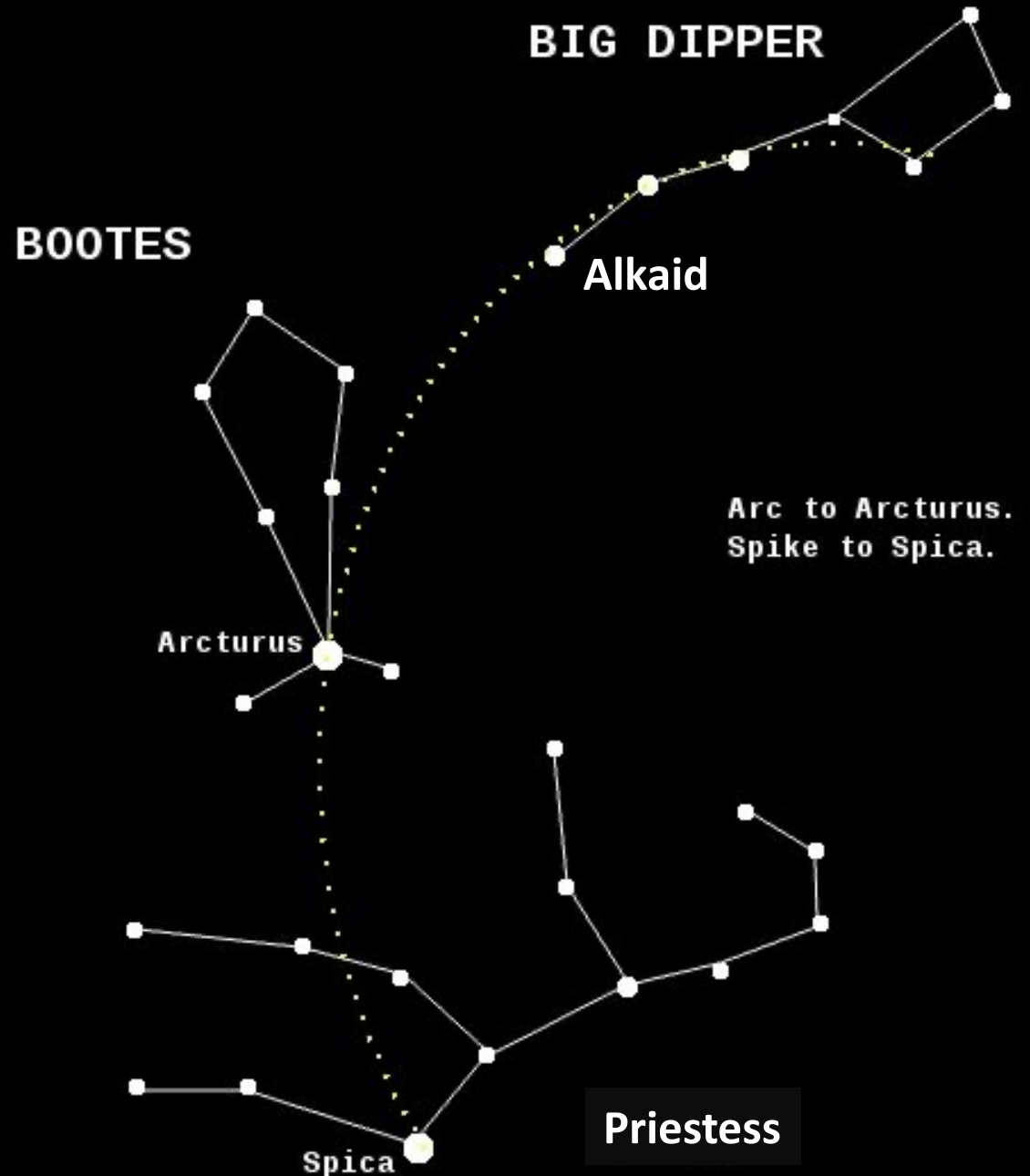


- The primary Spica star has around 11.43 times the Sun's mass while the secondary Spica star has around 7.21 solar masses.
- The two Spica stars orbit each other once every four days and they are so close to one another that they cannot be seen as two stars through a telescope.

To Find Spica

Find the Handle of the BIG Dipper then Arc to Arcturus and Spike to Spica

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Virgo in Greek is *Ergon*, Latin is *Erigone*. *ERI* – early (referring to early in the day) and – gone refers to child, procreation, seed.

Ergon in English is the root of: energy, erg, ergonomics, work, organ, organize.

Manilius, in his book *Astronomica*, written in the 1st Century AD described *Erigone* (Priestess) as a constellation that bestows high eminence through supreme power from living the sacred code, tending with reverence the hallowed temples of the gods.

Astraea (also linked with the star Spica), is Greek for *starry*. She was the last goddess to leave the Earth when humans became violent, greedy and unjust connecting this constellation with the Justice card in the Tarot.

Astraea was known for assembling the elders to spread kindness to the people. She was queen of the people, abundantly supporting everyone's needs through her kindness.

In his book *The Secret Teachings of All Ages*, Manly P. Hall describes how the Assumption of the Virgin Mary is a parallel to Astraea rising into the Heavens when “*she flew away to the stars*”.



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In times past the constellation of the Priestess (or Goddess including Isis, Ishtar, Astrea, Cybelle, Demeter, Ceres, Athena, Artemis, etc) disappeared with the Sun in August and was seen as being “assumed by the Sun”

The Virgin Priestess Constellation is now assumed by the Sun beginning around September 13 and is exact with Spica on October 17 beginning to rise into the morning sky before the Sun in late October or early November depending on your latitude.

More recently, the Catholics used the August 15 date from more ancient traditions as a way to celebrate the Assumption of the Virgin Mary when she reunited with her Son/Sun. The actual time of year the Sun assumes the Priestess constellation is now September and October.

<http://www.lf8.org/taboo/TheSecretTeachingsofAllAges.pdf>

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Dendera Zodiac featuring the Goddess Being Assumed by the Sun (in its beams)

Additional Details

<https://chandra.harvard.edu/photo/constellations/virgo.html>



The stars of the constellation we call the Virgin Priestess (a.k.a. Virgo, the stars not the sign) in ancient Egypt as drawn on the zodiacs of Dendera (sometimes spelled Denarah) and Thebes were identified with the Goddess Isis of a thousand names, who formed the Milky Way when she dropped the wheat from her hand. [Allen, Star Names].

Note: The Milky Way isn't that close to Spica but it is a great story.



Milky Way



The Outstretched winds of Isis
Also represents the Milky Way

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The Greeks and Romans saw the Priestess or Goddess constellation where Spica resides as the Great Mother Goddess Cybele with her lion-drawn chariot symbolizing the Lion constellation positioned in the sky next to HER.



Lion

Goddess

From Dendarah Egypt



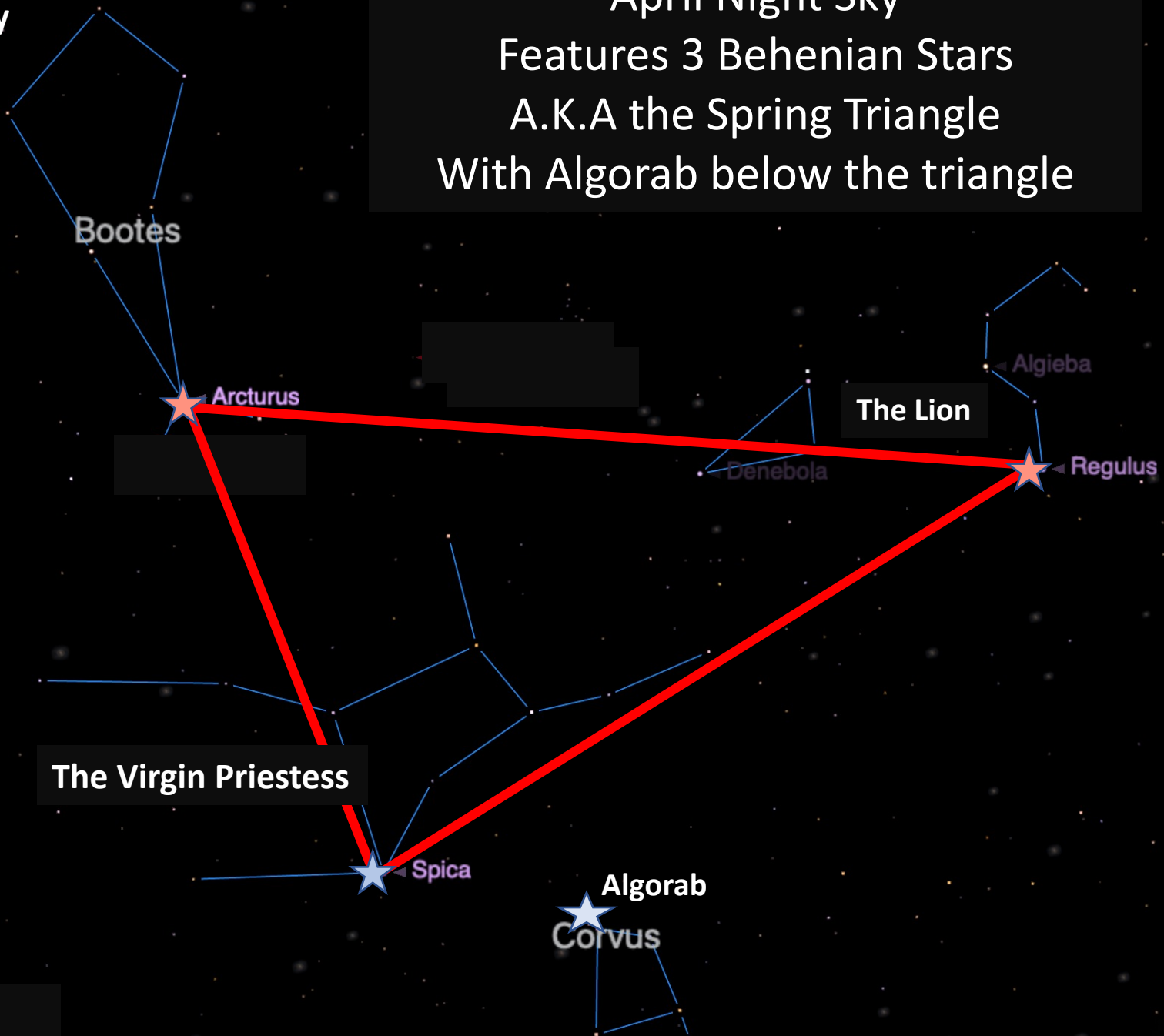
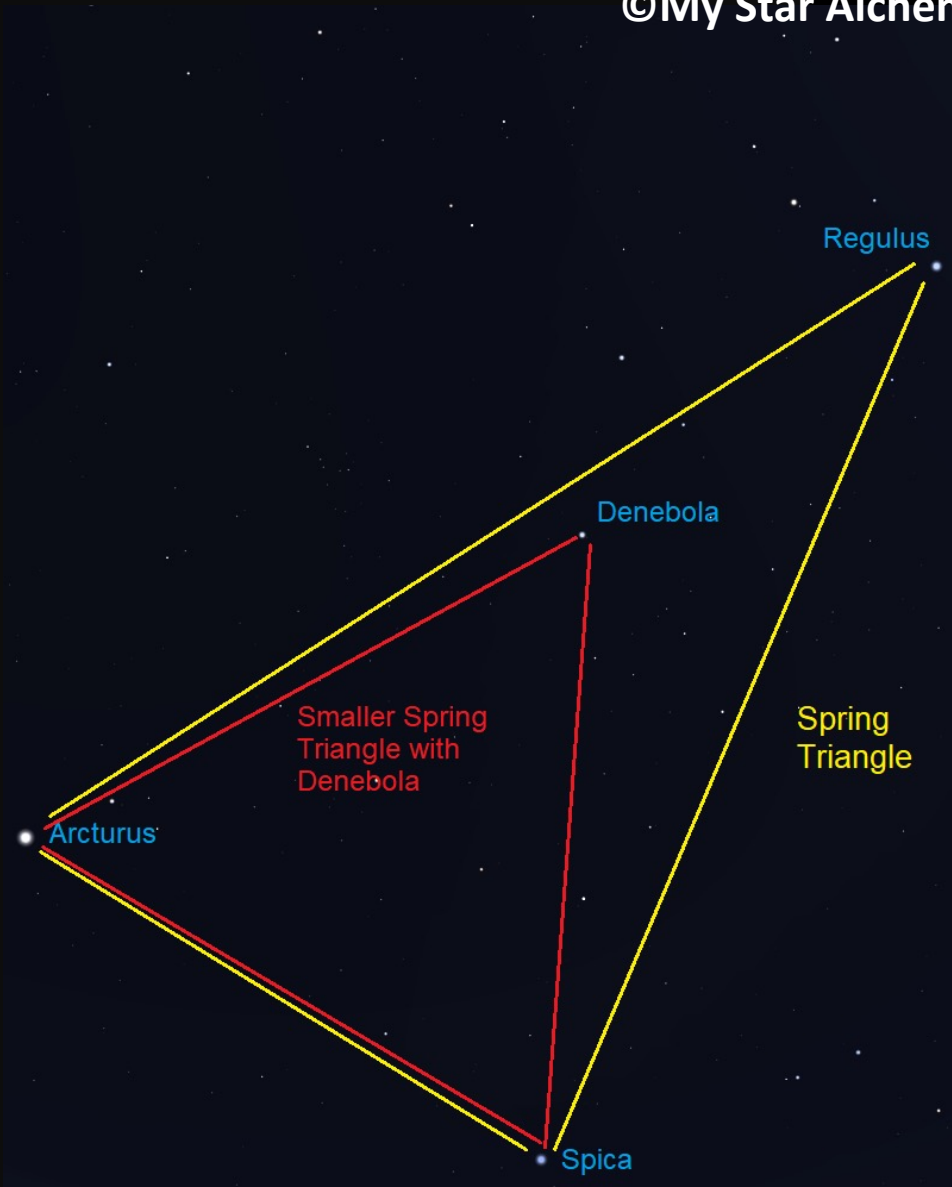
Virgo

The Virgin Goddess is sometimes depicted holding a staff or caduceus (the snake-entwined staff symbolizing healing, rebirth, & oracle prophecy) OR a scale symbolizing justice and wisdom

The Star Spica marks where she holds the staff, scales, lamp, wheat or corn

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April Night Sky
Features 3 Behenian Stars
A.K.A the Spring Triangle
With Algorab below the triangle



Sage derives from the Latin word *salvare* meaning "to save" or "to heal" accurately describing its healing properties.

The Ancient Greeks and Romans ate sage to improve the mind, increase fertility, extend life and clean their teeth.

The Egyptians also used sage to increased fertility by wearing it, carrying it, drinking it as a tea or eating it.

Today sage can be used in ceremonial magic pertaining to healing and overall health, as well as to promote longevity assisting in purification, protection, and fulfilling heart felt intentions..

The suggestions below are especially powerful when working with Spica

Preparation and Dosage: Collect the leaves shortly before or just at the beginning of flowering (May or June). Dry the Leaves but not above 95°F.

Infusion: pour a cup of boiling water onto 1-2 teaspoons of leaves and let infuse for 10 minutes. Drink this solution up to three times a day.

Tincture: take 2-4 milliliters up to three times a day. To make a gargle put 2 teaspoons of dried leaves in 1 pint of water. Bring to a boil, cover, and let stand for 15 minutes.

Externally use Sage in a compress to treat open wounds.



Egyptians, Greeks, Romans, as well as Native American healing traditions have all used sage as a powerful cleansing, clearing and healing medicine.

Cook with it. Use as an essential oil, infusion or as a ceremonial tool for clearing the energy of a place or person to cleanse, heal, protect, & increase wisdom.

Also links with Immortality, Longevity, Protection, Purification, Wisdom, and Fulfilling Wishes

- Burning sage (an antimicrobial) is a cost-effective way to purify the air eliminating bacteria, viruses, and fungi. Use caution if you have any respiratory conditions
- Burning sage, using a Sage Spray or taking it internally releases negative energy and removes bacteria from the air while also:
 - Repelling insects
 - Improving intuition
 - Purifying specific objects
 - Improving mood
 - Reducing Stress and Anxiety

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12 Impressive Health Benefits of Sage

1. It Helps You to Think Better
2. It's a Powerful Anti-Inflammatory
3. It Soothes Sore Throats
4. It Fires Up Your Immune System
5. Boosts Blood Health
6. It Loosens Stiff Muscles
7. Strengthens Bones and Teeth
8. Prevents Constipation
9. Improves Your Eyesight
10. It's Full of Protein
11. It's an Excellent Antioxidant
12. It Keeps Your Skin Young and Toned



Emerald is part of the Beryl Family and is the hardest (or strongest) stone of all the precious stones with a hardness of 7.5 to 8.0 varying from light to dark green.

The first emerald mines were in Egypt. Perhaps why the Emerald Tablets originated with Thoth and later Hermes?

- A Heart Chakra Stone Known for Healing the Physical Heart and Emotional Body
- Enhances Prosperity, Wisdom, Happiness, Health
- Improves Creativity and Harmonious Communication
- Protects from negative or evil energy
- Protects the Body from Dis-ease
- Increases Intuition, Decision-making, Peace of Mind, Acceptance of Self and Others, Intelligence, Ability to Concentrate and Learn
- Assists the wearer to see the future

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Inner Planets with Spica from 2022 to 2025

Jupiter 24°Libra 15'
2028 Dec 26
2029 Mar 29
2029 Aug 24

Saturn 24°Libra 25'
2041 Sept 25

Note: 2026 Nov 13
Venus at 22°Libra 51'
Stations Direct near Spica

2021 Oct 21	Mars	Cnj	Spica	24°Libra 08'
2023 Oct 03	Mars	Cnj	Spica	24°Libra 09'
2025 Sep 02	Mars	Cnj	Spica	24°Libra 11'
2021 Nov 01	Mercury	Cnj	Spica	24°Libra 08'
2022 Oct 26	Mercury	Cnj	Spica	24°Libra 09'
2023 Oct 18	Mercury	Cnj	Spica	24°Libra 09'
2024 Oct 09	Mercury	Cnj	Spica	24°Libra 10'
2025 Oct 02	Mercury	Cnj	Spica	24°Libra 11'
2022 Oct 18	Venus	Cnj	Spica	24°Libra 09'
2023 Nov 29	Venus	Cnj	Spica	24°Libra 09'
2024 Sep 18	Venus	Cnj	Spica	24°Libra 10'
2025 Nov 01	Venus	Cnj	Spica	24°Libra 11'

Sun is Exact Oct 17 and is within 6° from Oct 12 to 23

Moon with Spica Through 2022 at 24 Libra 09

2021

Nov 03, Nov 30
Dec 28

2022

Jan 24
Feb 20
Mar 19
Apr 16
May 13
Jun 10
Jul 07
Aug 03, Aug 30
Sep 27
Oct 24
Nov 20
Dec 18





Arcturus

Arcturus 24 Libra 30

Astronomy Designation: Alpha Boötis
Protection, Guidance, Learning, Teaching,
Leading, Exploring, Successful Artist

Planets: Venus

Herb: Plantain

Stones: Red or Green Jasper

Color: Golden Red Star 4th brightest

Incense: General Incense

©My Star Alchemy

Guardian of the Great Bear and wheel-turner of the sky

I call on you, Arcturus, Helper of the Light

for strength of spirit and stamina through great change

I give thanks to your ever-cycling wisdom and knowledge.

Your gift of long-lasting protection through the sea of challenges is of great help.

You've been Arthur, Atlas, the Shepherd, Lance-Bearer and Keeper of Heaven and the Palace of the Emperors.

We look upon your infinite fire for seeing the Great Wheel of Time.

And in our own time to hold ourselves steady in the face of the wind on our authentic path.

Starlight Elixirs on Arcturus In the Bear Herder

A Yellow Giant Star 36/37 Light Years away

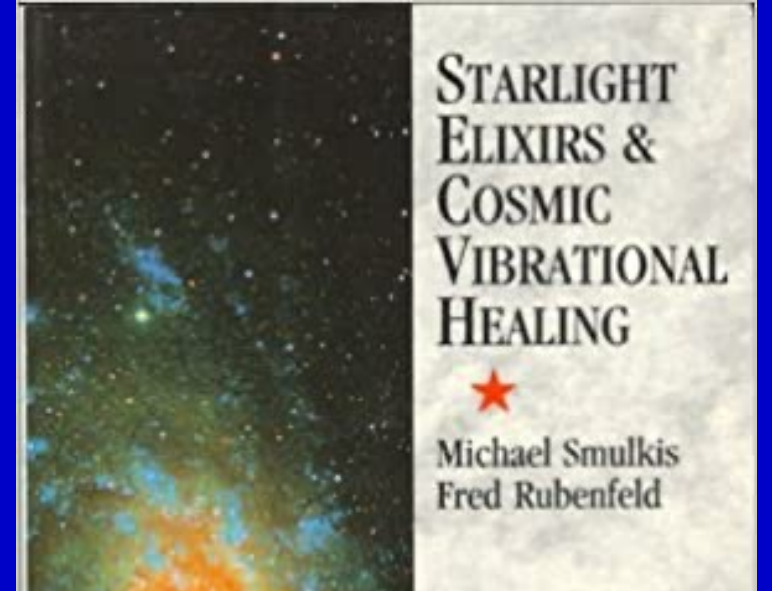
Arcturus enhances transformation of subtle energy through the etheric body to the physical body. Healers working with this energy find this is most effective through resonance so the healing energy is more easily observed, felt, known, and absorbed by those experiencing the healing.

Resonance is a vibrating system or external force driving another system to oscillate with greater amplitude at specific frequencies. In this case, the healing frequencies often found in sound or focused attention are being magnified by this star energy.

Arcturus then, helps connect awareness around an inner sense of the true nature of healing on all levels - past, present and future - including finding and connecting with resonant energies through insights and understanding aligned with the principle of healing resonance or resonance with the high vibrational energy of radiant health and well-being.

~ *Starlight Elixirs and Cosmic Vibrational Healing* by Michael Smulkis and Fred Rubinfeld published in 1992

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Arcturus – Astronomy Facts

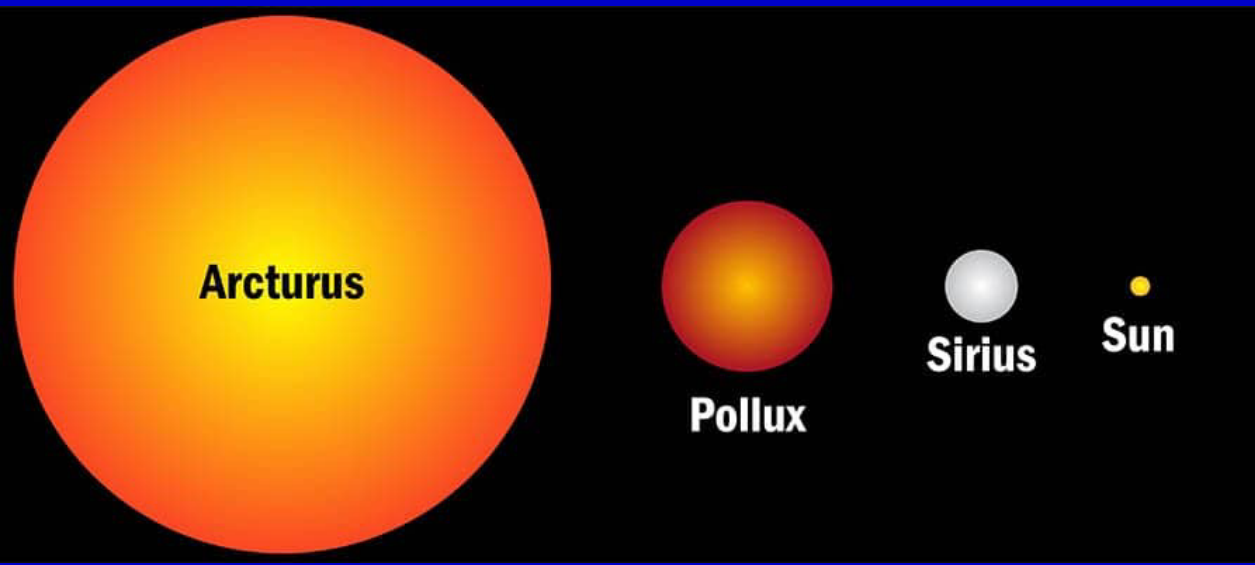
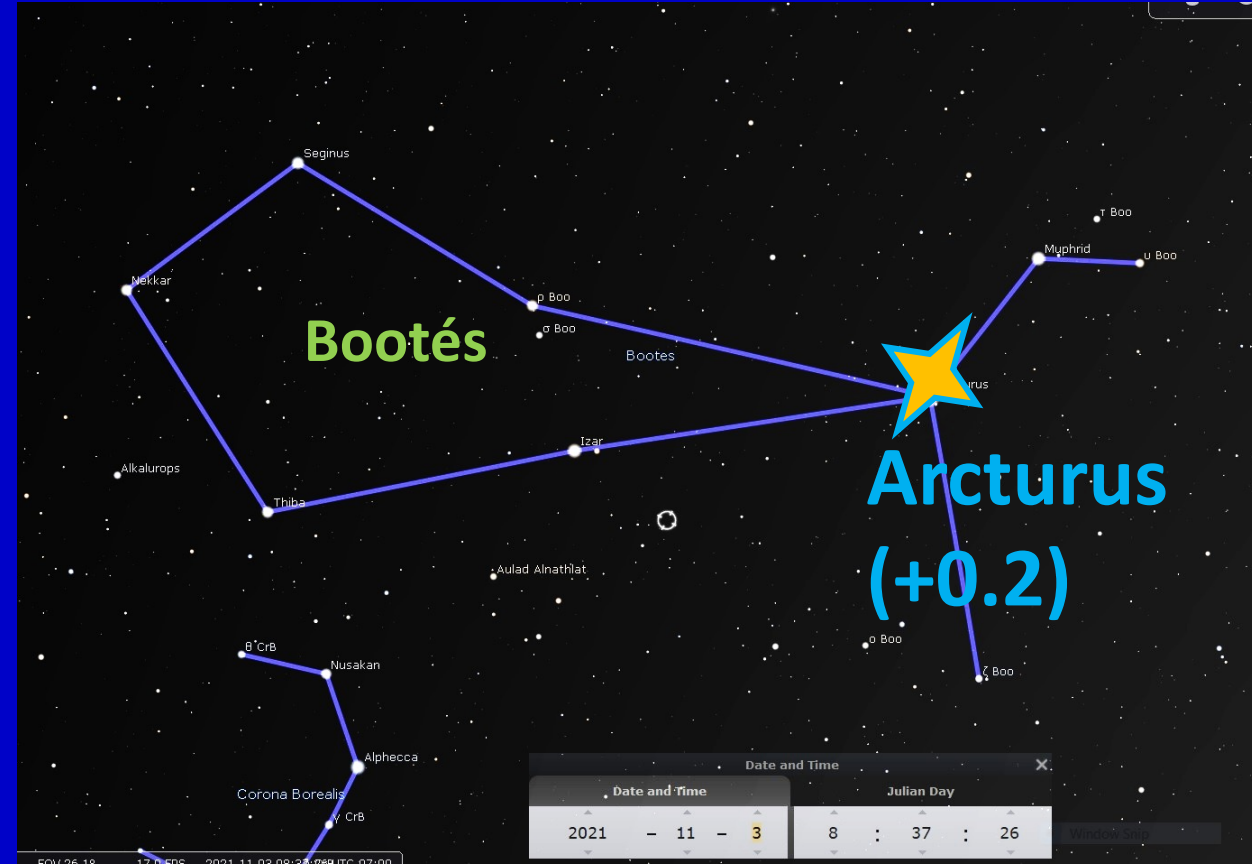
24°31' Libra

Arcturus is the 4th brightest star in the sky and is red-orange in color and is considered a “Red Giant” star.

Distance from Earth – 37 light years (space.com)

Arcturus is 30 degrees above the ecliptic and is visible from the north and south hemispheres.

The name Arcturus is derived from ancient Greek and means “Guardian of the Bear” and also refers to the whole constellation of Bootés



Arcturus has about the same mass as the Sun but has expanded to 25 times the size of the Sun and is about 170 times as luminous.

From <https://www.odysseymagazine.com/star-facts/>

Arcturus “watcher of the bear”

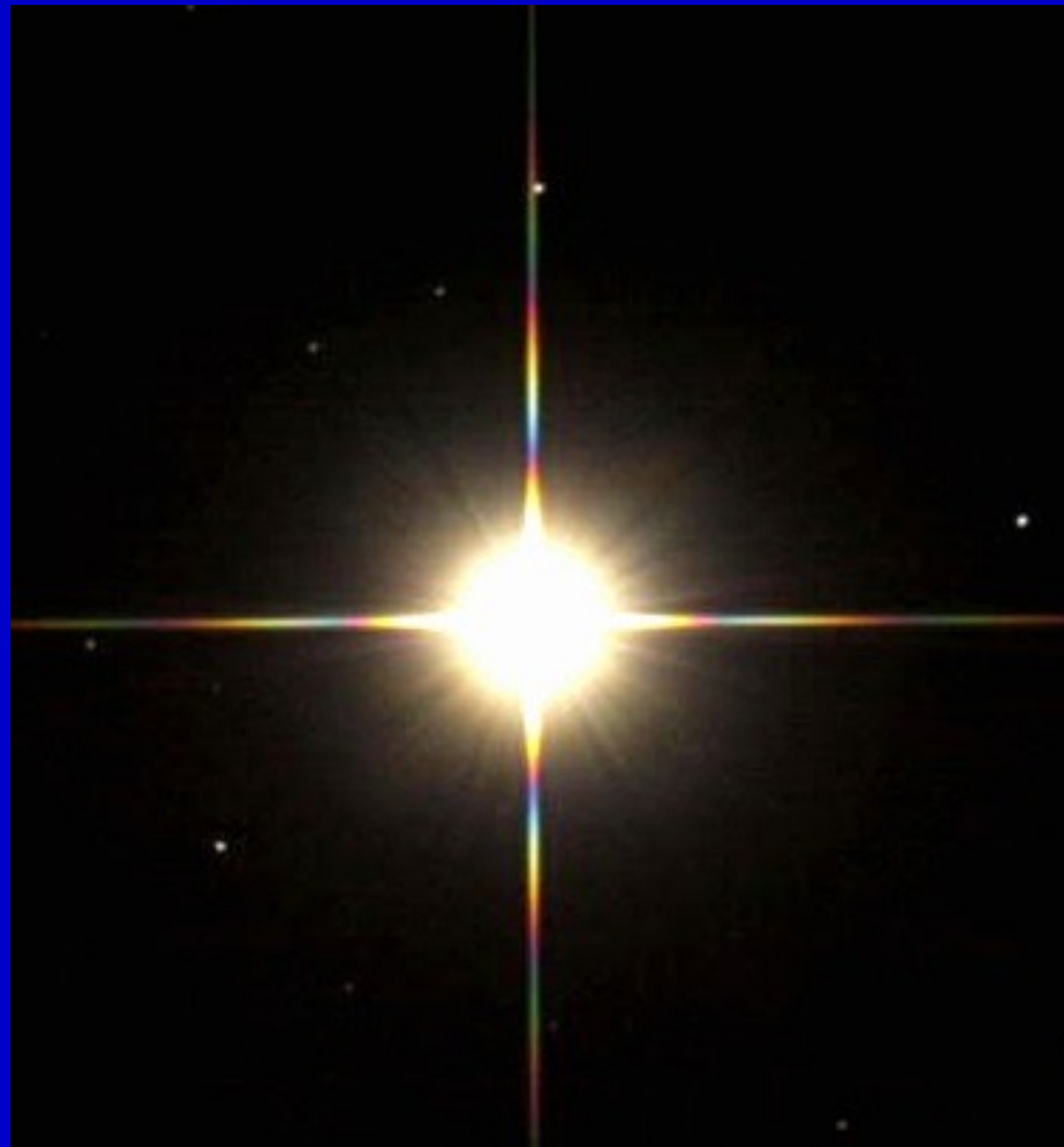
Because Arcturus has a fast-paced proper motion (relative to other stars), its position has noticeably changed over the millennia, meaning the constellation of Bootes has changed its shape over long periods of time.

Arcturus, like Spica, is at the 24th degree of the sign (not the constellation) of Libra.

The **Sabian symbol of 25 Libra** (since Sabian symbols count from 1 to 30 and signs count from 0 to 29), is ***“Falling golden leaf teaches life to rebellious school boy”***, according to **The Astrology of Personality** by Dane Ruhhyar, page 292.

Rudhyar says 25 Libra means, ***“Discovery of deeper elements of wisdom after intellectual knowledge wearies. Growth through awareness of basic meanings.”***

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Arcturus at 24°32' Libra

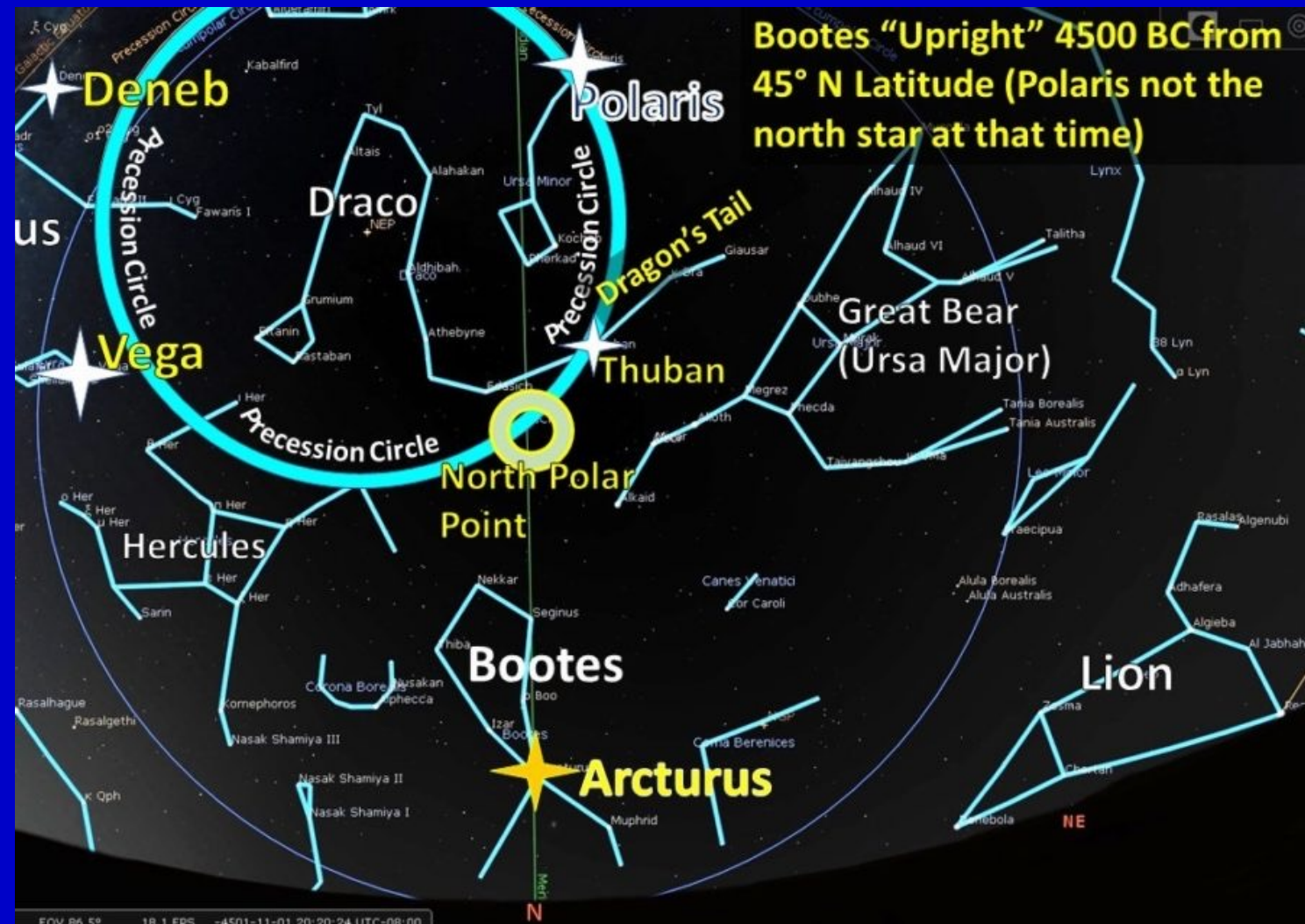
Bootes is Atlas?

In 4000-4500 BC, the constellation **Bootes** stood “upright” in the northern sky and below the stars of the Dragon’s tail, roughly marking the “pole position” as Polaris had not yet become the north polar star.

Bootes was only visible North of about 43 N latitude - meaning most of Europe and northern Asia and half of North America were able to see it all year **as the star was visible all night long.**

Today, this is visible from the north pole in Greenland or Svalbard Island.

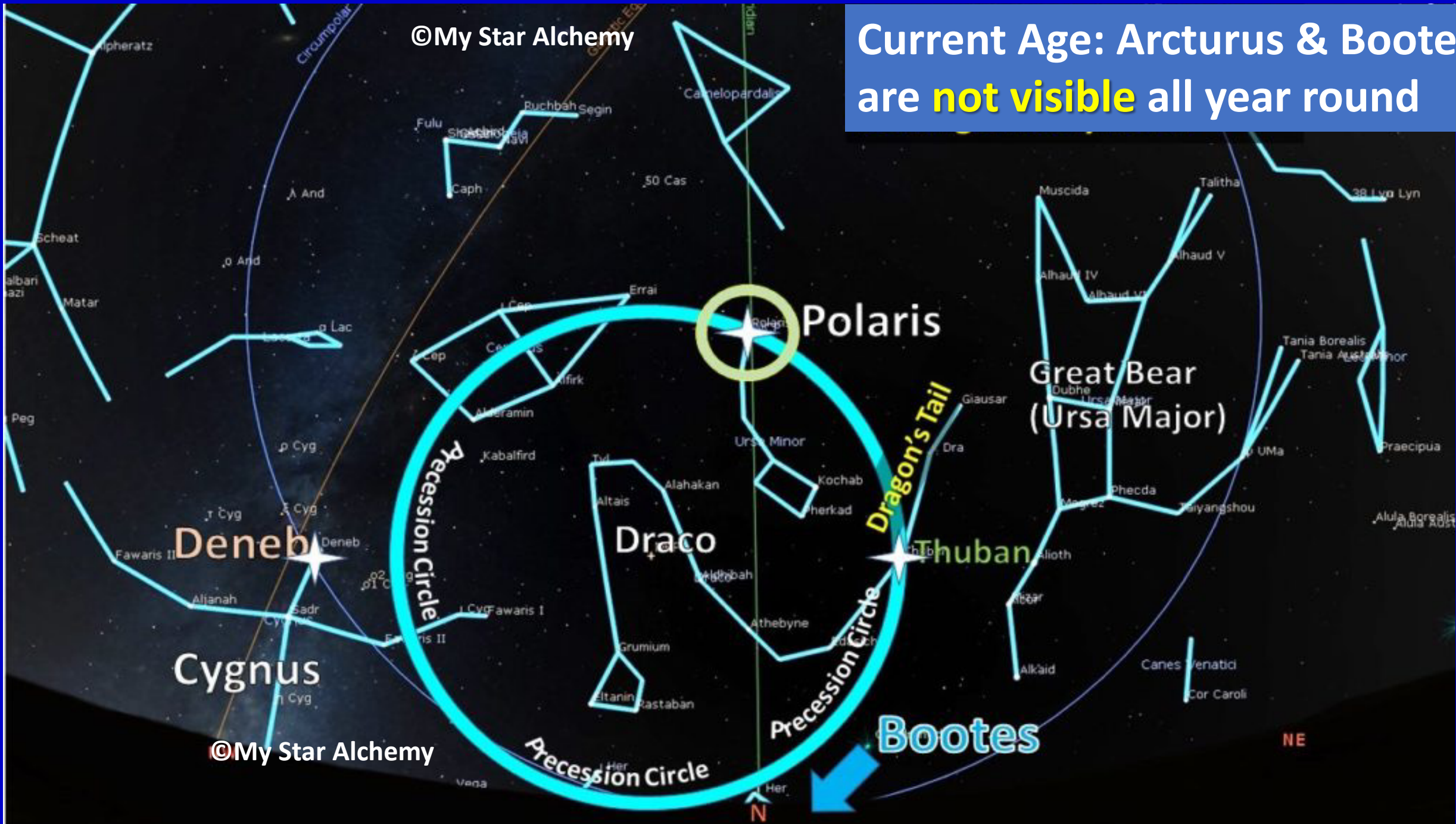
This may have been why Bootes has been called Atlas according to *Star Lore* by William Tyler Olcott pg 74



Arcturus was seen to “hold up” the sky world as the primary star of Bootes **(visible all year)**

Current Age: Arcturus & Bootes are **not visible** all year round

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Deneb

Draco

Polaris

Great Bear (Ursa Major)

Thuban

Cygnus

Bootes

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NE

Arcturus lights up the World's Fair

Over 80 years ago, the light of the star Arcturus opened the World's Fair in Chicago, IL in 1933.

The organizers of the fair used the light of Arcturus to turn on the light of the World's Fair.

It was considered a modern way to bring the cosmos down to Earth and honor our relationship with the stars (perhaps in an Aquarius kind-of-way).

<https://www.space.com/25904-may-skwatching-arcturus-lit-chicago.html>

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Early morning on November 1st

Alkaid (+1.8)



Bootes

Arcturus (+0.2)



Priestess

Algorab (+2.9)



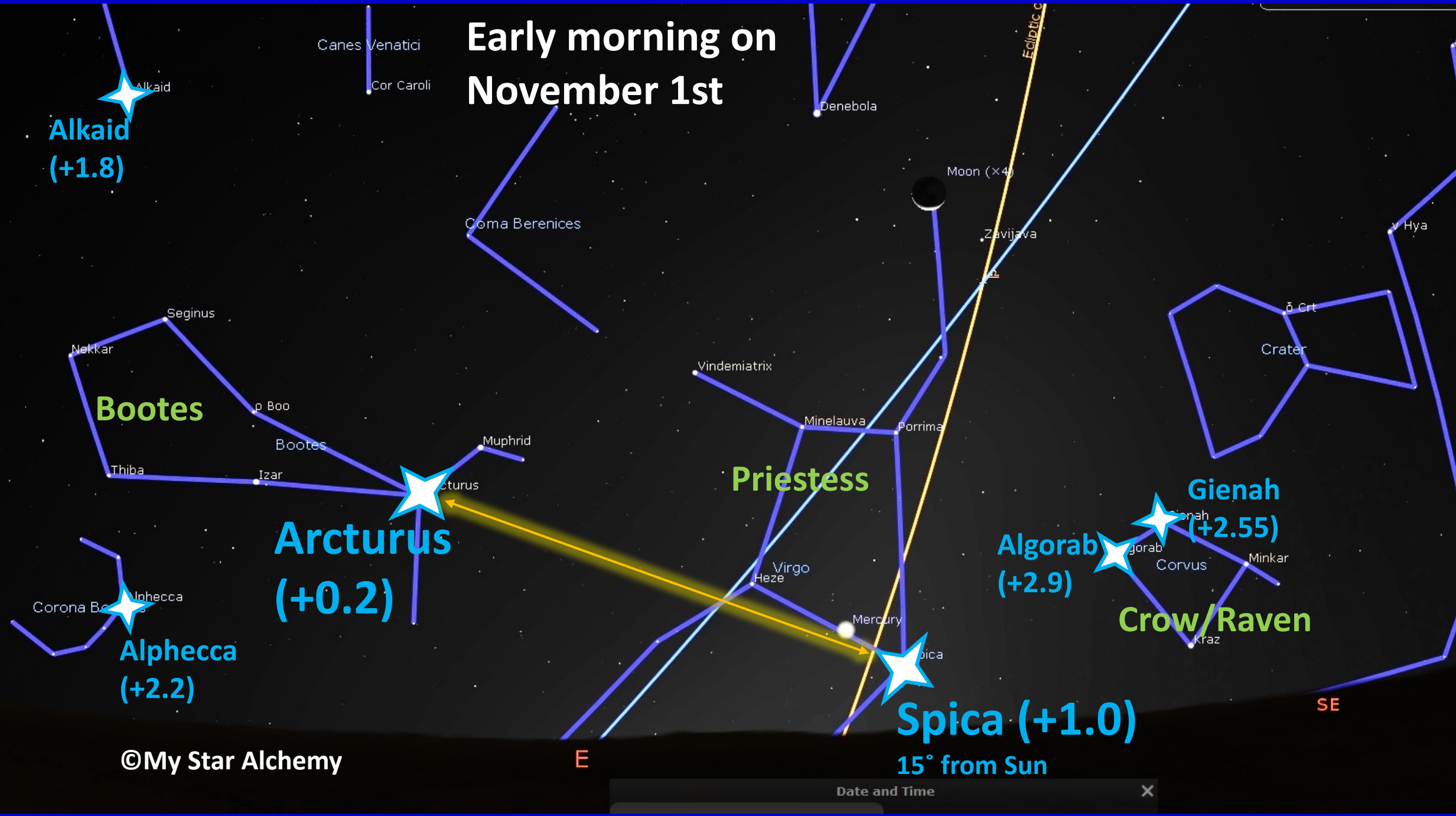
Gienah (+2.55)

Crow/Raven

Alphecca (+2.2)



Spica (+1.0)
15° from Sun



Arcturus and Spica Links

These stars are intimately linked, but what makes Spica different is its embodiment of the feminine principle and it is looked at as a “stand-in” for Venus by ancient cultures.

Arcturus has had a traditionally “masculine” definition.

Samhain / Cross-Quarter time

Each year, in late October, on or about the 28th or 29th, Spica has its technical heliacal rise (first visible rise in the morning ahead of the Sun in the east), but more likely for most of us this happens on Halloween or Samhain and truly becomes visible at the “cross-quarter” day (currently Nov 7) when the Sun reaches 15 degrees of the sign of Scorpio.

Arcturus generally starts to become visible during that time as well (a few days earlier than Spica).

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Arctophylax the Bear Guardian
“Arctos” means “the bear”

Spica and Arcturus In Divine Relationship

Arcturus (24 Libra 30) has been viewed as the guardian protector leading the people to freedom and victory in the same way King Arthur leads his people with the magical sword made by an Avalon Elf and forged in Dragon-Fire known as Excalibur ('cut-steel').

The scabbard for Excalibur was also magical in nature assuring the wearer they would not die in battle and would emerge victorious.

This story reminds us of how we are claiming our own divine authority when using the sword of truth - cutting away the illusions of this reality so we can emerge victorious as divine beings of love.

Spica (24 Libra 06) is related to the Virgin Priestess in the Tarot holding the scales of justice in her hands and how to keep the scales in balance - we will always eventually reap what we sew .

We could imagine the sword she holds represents Arcturus and how together they represent a divine union of the balanced energies of the masculine and feminine accomplishing so much more together than they could ever on their own.

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Justice



Arcturus & Spica Additional Connections

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Those with planets, angles, or nodes within 6 degrees of 24 Libra have a powerful link to both Arcturus and Spica.

According to Brady, “Spica represents a gift of brilliance, a hidden or obvious talent, skill, or ability that is out of the ordinary. The word ‘gifted’ applies to strong Spica people, and whatever this star touches, it will illuminate in some way.”

One can see from that perspective, the strong connection between Arcturus and Spica. The difference is Spica represents the sovereignty of the feminine and Arcturus acts more as a driver or care-taking of the Great Wheel.

While Arcturus has mostly been associated with a “masculine-like” imagery, it is not necessarily so as it is easily more of just a human figure.

Plantain

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There are mainly two types of plantains; the ones with broad leaves called *Plantago major* and the narrow-leaved type *P. lanceolata*.

The greater plantain is perennial with five to seven-veined leaves arranged in a basal rosette lying flat on the ground blooming from May to August.

Each plant grows long, upright or ascending flower stems carrying cylindrical spikes densely covered with flowers.

The yellow anthers hang conspicuously from the small yellowish-green flowers to facilitate wind pollination.

The style protrudes from the flower long before flowering to prevent self-pollination.

The outer coat of the small seeds swells up and becomes sticky when moistened, so they are readily distributed by human and animal.

<https://www.herbalpedia.com/blog/?p=180>



P. lanceolata



Plantago major

Some other names for Plantain:

Waybread, waybroad, wagbread, cuckoo bread, snakeweed, rabbit ears, ripple grass, devil's shoestring, common plantain, slan-lus, healing blade, dooryard plantain, bird seed, rat's tails;

Babka lancetowata, Babka Waskolistna (Polish);
Wegerich (German);
Biih hiljaa'i – "like a deer's ear" (Navajo);
lanten (Mexican)

Canaries and many little wildbirds are quite fond of the ripe seeds of plantain. In Devonshire they called it Plantain cuckoo bread because they believed that once every seven years, the plantain changed into a cuckoo and flew away.

Trotula, a healer and midwife, advised using plantain to treat uterine hemorrhages and insisted that it can restore "the very essence of a woman" to the extent that it could give a woman the appearance of being a virgin.



Plantain Across Cultures

In Gaelic, this herb is known as “the healing plant” because it was used in Ireland to treat wounds and bruises.

It is a plant that has accompanied European colonization around the world—some Native Americans called it “Englishman’s foot” because it seemed to spring up in the footsteps of white settlers.

Plantain is one of the plants mentioned in the Saxon ‘nine herbs charm’. The Latin name *plantago* was derived from the word *planta* meaning “sole of the foot, alluding to the resemblance between the shape of the leaves and that part of the body.

Another version is that plantain is the Old French version of the Latin *plantago* meaning “plant.” It was called waybread because it commonly bred by the wayside.

The leechbooks mention it frequently and recommend its use for more than 20 different ailments.

The Anglo-Saxons used it to treat smallpox. Chaucer referred to it and Shakespeare mentions it in his plays.



In France, to ensure their immunity before attacking a viper, weasels were said to roll in clumps of plantain.

Farmers planted it for their sheep to graze on.

The gelatinous matter obtained from soaking the seedhead was once used to stiffen muslin.

To stop vomiting, the patient was fed a cake made with plantain seeds, egg yolk, add flour.

Mixed with oil of roses, plantain juice was rubbed on the temples and forehead and “helped lunatic persons very much”.



Plantain is one of the best healing herbs on the planet.

The Native Americans used it to heal wounds, cure fever, and to draw out toxins from stings and bites, including snakebites.

You can use either one for healing purposes, depending on the availability in your locality, but most herbalists seem to prefer the broadleaf plantain with larger, but softer, edible leaves.

Plantains have wide-ranging antimicrobial properties besides being anti-inflammatory and analgesic. It can not only soothe insect bites and superficial wounds but prevent infections and accelerate healing.

An active biochemical aucubin is mainly responsible for the antimicrobial action of the herb. Another substance allantoin helps with skin tissue regeneration.

Plantains also have an astringent property that has a cleansing effect on the body. It helps dry up excess secretions in the respiratory tract and the digestive system, thus being useful in treating colds and diarrhea.

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Use Plantain Tea for divination and vivid dreams

Use as protection in charms and invocations

For healing and purification, place fresh or dried Plantain leaves and/or roots in a mesh bag, hang the bag under the hot water faucet of your bathtub

Dried Plantain can be tossed into a fire or over the flame of a candle or thrown in an easterly wind for healing wishes

Burning Plantain leaves or roots enhances the magical powers of other herbs.

Plantain Tea

- 1 cup of thoroughly washed leaves in a Glass Jar or Heat Proof Container with a Heat-Proof Lid
- Add 2 cups of Boiling Water, Cover and steep until cold to touch
- Strain the tea and store in the refrigerator for up to two weeks

Drink it plain or with added honey 1 to 2 cups a day.

- Relieves symptoms of cold and fever. You can drink it plain or add honey for taste.
- It can bring relief to people who have stomach ulcers, IBS or other inflammatory diseases of the gastrointestinal tract. Plantain tea can be used as a general tonic too.
- Use plantain tea topically to wash wounds, boils, and skin damaged by sunburn, rashes, eczema etc.

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Red Jasper*

Stimulates the Root Chakra

Supports rising of the Kundalini energy

Aids in releasing attachment to negative emotional / sexual experiences

Qualities of Red Jasper

Key words related to Jasper from Simmons, *“physical strength, and vitality, stabilization of one’s energy.”*

“Red Jasper does its work gradually, but it offers the advantage that the gains one makes are more permanent than those achieved with different stones or methods.”

***There is wide variety of Jasper that can be used with Arcturus**

Arcturus sigil on Red Jasper

Arcturus Magical Stones

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Bootes

Draco

Little Bear

Polaris

Arcturus

Alkaid

Great Bear

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Alphecca
β CrB
Nusakan

Alkalurops

Thiba
Nekkar
Izar
Seginus
α Boo
β Boo

Asellus Primus

Xuange

Alkaid

Alizar

Alioth

Megrez

Pherkad
Kochab
5 UMi

Circitores

Ursa Minor
Alfa Farkadain

Polaris

HIP 47193

Muphrid

α Boo

Giasar

κ Dra

Cor Caroli

Canes Venatici

Chara

Phecda

Dubhe

Diadem

Coma Berenices

β Com

Cor Caroli

Taiyangshou

Ursa Major
Merak

Alhaid IV

Alhaid VI

Muscida

Vindemiatrix

ψ UMa

Planets, Sun and Others with Arcturus

Sun

Oct 17, 2021 24°31' Libra
Oct 17, 2022 24°32' Libra
Oct 17, 2023 24°33' Libra

Mercury

Sept 22 2021 24°31' Libra
Sept 30 2021 24°31' Libra
Nov 02 2021 24°31' Libra
Oct 25, 2022 24°32' Libra
Oct 18, 2023 24°33' Libra
Jan 30, 2023 24°34' Libra

Venus

Sept 05, 2021 24°31' Libra
Oct 18, 2022 24°32' Libra
Nov 29, 2023 24°33' Libra
Sept 18, 2024 24°34' Libra

Mars

Oct 22, 2021 24°31' Libra
Oct 03, 2023 24°33' Libra
Sept 13, 2025 24°35' Libra

Jupiter

Sept 13, 2017 24°28' Libra
Dec 28, 2028 24°38' Libra
Mar 25, 2029 24°38' Libra
Aug 26, 2029 24°38' Libra

Vesta

Sept 9, 2021 24°31' Libra
Dec 20, 2024 24°38' Libra

Saturn

Nov 18, 2011 24°23' Libra
May 09, 2012 24°24' Libra
Aug 09, 2012 24°24' Libra
Sept 28, 2041 24°48' Libra

Uranus

Oct 24, 2057 25°01' Libra
June 06, 2058 25°02' Libra
July 27, 2058 25°02' Libra

Chiron

Nov 09, 1996 24°11' Libra
Sept 15, 2047 24°53' Libra

Uranus had 3 conjunctions with Arcturus in 1973 and 1974

Neptune had 5 conjunctions with Arcturus between 1952-1954.

Pluto had 3 conjunctions with Arcturus in 1980 and 1981.

The Moon with Arcturus Oct 2021 - 2022

Oct 06 2021	Arcturus	10:25:07 PM	PDT	24°32' Libra
Nov 03 2021	Arcturus	9:00:32 AM	PDT	24°32' Libra
Nov 30 2021	Arcturus	6:53:01 PM	PST	24°32' Libra
Dec 28 2021	Arcturus	3:53:25 AM	PST	24°32' Libra
Jan 24 2022	Arcturus	10:18:41 AM	PST	24°32' Libra
Feb 20 2022	Arcturus	3:41:45 PM	PST	24°32' Libra
Mar 19 2022	Arcturus	11:20:14 PM	PDT	24°32' Libra
Apr 16 2022	Arcturus	8:09:46 AM	PDT	24°32' Libra
May 13 2022	Arcturus	6:21:18 PM	PDT	24°32' Libra
Jun 10 2022	Arcturus	4:16:37 AM	PDT	24°32' Libra
Jul 07 2022	Arcturus	12:32:49 PM	PDT	24°33' Libra
Aug 03 2022	Arcturus	6:51:36 PM	PDT	24°33' Libra
Aug 31 2022	Arcturus	12:15:27 AM	PDT	24°33' Libra
Sep 27 2022	Arcturus	6:29:05 AM	PDT	24°33' Libra
Oct 24 2022	Arcturus	2:43:24 PM	PDT	24°33' Libra
Nov 20 2022	Arcturus	11:40:42 PM	PST	24°33' Libra
Dec 18 2022	Arcturus	9:42:10 AM	PST	24°33' Libra
Jan 14 2023	Arcturus	6:01:03 PM	PST	24°33' Libra



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Note: Dates for Moon-Arcturus conjunctions are nearly exactly as Moon conjunctions with Spica

More Star Resources

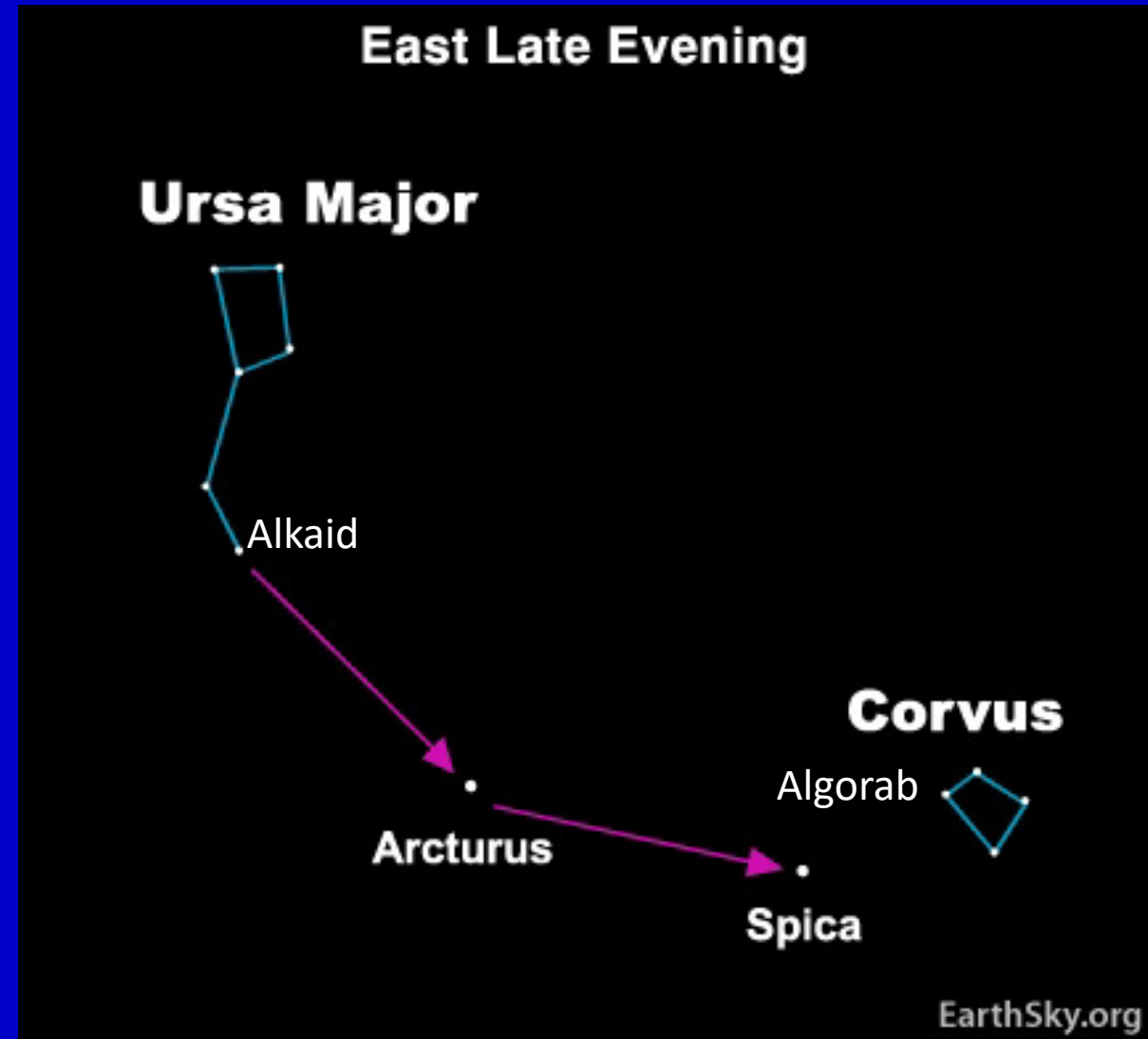
Three Books of Occult Philosophy by Henry Cornelius Agrippa
Fixed Star, Sign and Constellation Magic by Christopher Warnock
Fixed Stars in the Chart by Oscar Hofman
Sirius, Brightest Diamond in the Night Sky by Jay B Holdberg
Starwalking by Page Bryant
Star Names: Their Lore and Meaning by Richard Hinkley Allen
The Fixed Stars & Constellations in Astrology by Vivian Robson
Store Lore: Myths, Legends, and Facts by William Tyler Olcott
Brady's Book of Fixed Stars by Bernadette Brady
The Sirius Mystery by Robert Temple
They Dance in the Sky: Native American Star Myths
by Jean Guard Monroe and Ray A Williamson
A Cycle of Celestial Objects
(multiple editions, also known as the Bedford Catalogue), et al,
by Admiral William Henry Smyth
The Pocket Book of Stones (Revised and Expanded Edition)
by Robert Simmons

<https://cayelincastell.com/the-former-pole-star-vega/>

https://en.wikipedia.org/wiki/Behenian_fixed_star

<https://cayelincastell.com/behenian-stars/>

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<https://sorcerer.blog/2011/06/11/ancient-stellar-magic-the-8th-sphere-and-the-behenian-stars/>